

Aetna Dental/Medical IntegrationSM enhanced benefits program*

More ways to stay healthy



We give Aetna Dental® members more ways to make informed decisions about their health care.

Our enhanced benefits program **automatically covers an extra cleaning or visit to the dentist to treat gum disease** for dental members with conditions such as:

- Pregnancy
- Heart disease
- Diabetes



Treating gum disease can lessen the severity of some serious medical conditions and may reduce the risk of complications.*

Periodontal disease has been linked to heart disease, diabetes and preterm birth.* That's why the American Dental Association recommends regular dental checkups to help keep your mouth — and the rest of you — healthy.

Signs of periodontal disease include:

- Bleeding gums
- Gums that look like they are receding
- Bad breath all the time
- Loose or shifting teeth

Your Aetna Dental benefits and insurance also help keep you as healthy as possible. To see which dental expenses are covered by your plan, you can view your plan summary.



HOW TO ENROLL IN THESE ENHANCED BENEFITS:

Call us at **1-877-238-6200 (TTY: 711)**, Monday through Friday, 8 AM–6 PM ET.
A dental care coordinator will be happy to help.

*FOR ENHANCED BENEFITS AVAILABILITY: May not be available in all states.

*TREATING GUM DISEASE SOURCE: American Academy of Periodontology. Periodontal disease and systemic health. Available at: **Perio.org/consumer/gum-disease-and-other-diseases**. Accessed August 2, 2024.

*PERIODONTAL DISEASE EFFECTS SOURCE: American Academy of Periodontology. Gum disease information. Available at: **Perio.org/consumer/gum-disease.htm**.

Dental policies and plans are insured and/or administered by Aetna Life Insurance Company (Aetna). Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice.

Refer to [Aetna.com](https://www.aetna.com) for information about Aetna® plans.

[Aetna.com](https://www.aetna.com)

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