

# Drugs requiring step therapy

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**2020 Preferred Generic Step Therapy  
for Aetna Standard Opt Out Plan**

The drugs on this list require step therapy. If you have a medical need for one of these drugs, your doctor can ask for an exception.

## Brand Medications Requiring Use of Generics First

You can save money by using safe, effective generic medications when possible. According to your prescription benefit plan, you will have to try one or two generic medication(s) first before certain brand-name medications will be covered. The following chart shows you which drugs require the use of generics first. This chart only provides a sample list of generic drug options and may not include all drugs available

### Key

UPPERCASE	Brand-name medicine
<i>lowercase italics</i>	Generic medicine

## Preferred Generic Step Therapy for Standard Opt Out Plan

Drug class Condition treated*	Step 1: You will have to try one of these generic medications first:	Step 2: Before you can try one of these non-preferred brand drugs:	These preferred select brand drugs do not require use of a generic first:
<b>ACE Inhibitors/Angiotensin II Receptor Antagonists (ARBs)/ Direct Renin Inhibitors/ Combinations</b> <b>High Blood Pressure</b>	<i>aliskiren</i> <i>candesartan/ candesartan HCTZ</i> <i>eprosartan</i> <i>fosinopril/ fosinopril HCTZ</i> <i>irbesartan/ irbesartan HCTZ</i> <i>lisinopril/ lisinopril HCTZ</i>	<i>losartan/ losartan HCTZ</i> <i>olmesartan/ olmesartan HCTZ</i> <i>quinapril/ quinapril HCTZ</i> <i>ramipril</i> <i>telmisartan/ telmisartan HCTZ</i> <i>valsartan/ valsartan HCTZ</i>	EDARBI EDARBYCLOR  TEKTURNA HCT
<b>Beta Agonists, Short Acting</b> <b>Asthma</b>	<i>albuterol sulfate CFC-free aerosol</i> <i>levalbuterol tartrate CFC-free aerosol</i>	PROAIR DIGIHALER PROAIR HFA PROAIR RESPICLICK PROVENTIL HFA VENTOLIN HFA XOPENEX HFA	Preferred brand not available in class
<b>Bisphosphonates/Combinations</b> <b>Osteoporosis</b>	<i>alendronate</i> <i>ibandronate</i>	<i>risedronate</i>	BINOSTO FOSAMAX PLUS D  Preferred brand not available in class
<b>COX-2 Inhibitors/Nonsteroidal Anti-Inflammatory (NSAIDs)/ Combinations</b> <b>Pain and Inflammation</b>	<i>celecoxib</i> <i>diclofenac</i> <i>sodium-misoprostol</i>  (Additional generic NSAIDs available)	<i>fenoprofen tabs</i> <i>meloxicam</i> <i>naproxen tabs</i>	CAMBIA VIVLODEX ZIPSOR ZORVOLEX  Preferred brand not available in class

\*This list indicates the common uses for which the drug is prescribed. Some medicines are prescribed for more than one condition. Brand-name drugs not listed here may be covered by your plan without the use of a generic first. Information provided here is not a substitute for medical advice or treatment.

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<b>Drug class</b> <b>Condition treated*</b>	<b>Step 1:</b> You will have to try one of these generic medications first:	<b>Step 2:</b> Before you can try one of these non-preferred brand drugs:	These preferred select brand drugs do not require use of a generic first:
<b>Fibrates</b> <b>High Triglycerides</b>	<i>Fenofibrate (except fenofibrate tablet 120 mg)</i> <i>fenofibric acid delayed-rel</i>	TRIGLIDE	Preferred brand not available in class
<b>HMG-CoA Reductase Inhibitors (HMGs or Statins)/ Combinations</b> <b>High Cholesterol</b>	<i>atorvastatin</i> <i>ezetimibe-simvastatin</i> <i>fluvastatin</i> <i>lovastatin</i>	<i>pravastatin</i> <i>rosuvastatin</i> <i>simvastatin</i>	ALTOPREV LIVALO Preferred brand not available in class
<b>Nasal Steroids/Combinations</b> <b>Allergies</b>	<i>flunisolide</i> <i>fluticasone</i>	<i>mometasone</i>	BECONASE AQ OMNARIS QNASL ZETONNA DYMISTA
<b>Proton Pump Inhibitors (PPIs)</b> <b>Stomach Acid</b>	<i>esomeprazole</i> <i>lansoprazole</i>	<i>omeprazole</i> <i>pantoprazole</i>	ACIPHEX SPRINKLE PRILOSEC PACKETS PROTONIX PACKETS DEXILANT
<b>Selective Serotonin Reuptake Inhibitors (SSRIs)</b> <b>Depression</b>	<i>citalopram</i> <i>escitalopram</i> <i>fluoxetine (except fluoxetine 60 mg tablet)</i> <i>paroxetine HCl /paroxetine HCl ER</i> <i>sertraline</i>		PEXEVA TRINTELLIX VIIBRYD
<b>Sleeping Agents</b> <b>Insomnia/Sleep Problems</b>	<i>doxepin tabs</i> <i>eszopiclone</i> <i>ramelteon</i> <i>zolpidem/zolpidem ext-rel</i> <i>zolpidem sublingual</i>		EDLUAR ROZEREM ZOLPIMIST BELSOMRA
<b>Urinary Antispasmodics</b> <b>Overactive Bladder/Incontinence</b>	<i>darifenacin ext-rel</i> <i>oxybutynin/oxybutynin ext-rel</i> <i>solifenacin</i> <i>tolterodine/tolterodine ext-rel</i> <i>trospium/trospium ext-rel</i>		OXYTROL MYRBETRIQ TOVIAZ

Updated 10/2020

This is not an inclusive list.

Products may be subject to plan-specific copayment or coinsurance. Some prescription benefit plan designs may not cover certain categories, regardless of their appearance in this document.

Information is believed to be accurate as of the production date; however, it is subject to change.

To check coverage and copay information for a specific medicine, log into your member website. For questions, please call the toll free number on your member ID card.

