

Drugs requiring step therapy

**2020 Preferred Generic Step Therapy
for Aetna Standard Plan**



The drugs on this list require step therapy. If you have a medical need for one of these drugs, your doctor can ask for an exception.

Brand Medications Requiring Use of Generics First

You can save money by using safe, effective generic medications when possible. According to your prescription benefit plan, you will have to try one or two generic medication(s) first before certain brand-name medications will be covered. The following chart shows you which drugs require the use of generics first. This chart only provides a sample list of generic drug options and may not include all drugs available

Key	
UPPERCASE	Brand-name medicine
<i>lowercase italics</i>	Generic medicine

Preferred Generic Step Therapy drug list for Aetna Standard Plan

Drug class Condition treated*	Step 1: You will have to try one of these generic medications first:	Step 2: Before you can try one of these non-preferred brand drugs:	These preferred select brand drugs do not require use of a generic first:
Bisphosphonates/Combinations Osteoporosis	<i>alendronate</i> <i>risedronate</i> <i>ibandronate</i>	BINOSTO FOSAMAX PLUS D	Preferred brand not available in class
COX-2 Inhibitors/Nonsteroidal Anti-Inflammatory (NSAIDs)/Combinations Pain and Inflammation	<i>celecoxib</i> <i>diclofenac sodium-misoprostol</i> <i>fenoprofen</i> <i>meloxicam</i> <i>naproxen tabs</i> (Additional generic NSAIDs available)	VIVLODEX ZIPSOR	Preferred brand not available in class
Fibrates High Triglycerides	<i>fenofibrate</i> <i>fenofibric acid</i>	TRIGLIDE	Preferred brand not available in class
Proton Pump Inhibitors (PPIs) Stomach Acid	<i>esomeprazole</i> <i>lansoprazole delayed-rel</i> <i>omeprazole delayed-rel</i> <i>pantoprazole delayed-rel</i>	PRILOSEC PACKETS	DEXILANT

*This list indicates the common uses for which the drug is prescribed. Some medicines are prescribed for more than one condition. Brand-name drugs not listed here may be covered by your plan without the use of a generic first. Information provided here is not a substitute for medical advice or treatment.

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Drug class Condition treated*	Step 1: You will have to try one of these generic medications first:	Step 2: Before you can try one of these non-preferred brand drugs:	These preferred select brand drugs do not require use of a generic first:
Selective Serotonin Reuptake Inhibitors (SSRIs) Depression	<i>citalopram</i> <i>escitalopram tab</i> <i>fluoxetine (except fluoxetine 60 mg tablet)</i> <i>paroxetine HCl/paroxetine HCl ext-rel</i> <i>sertraline</i>	PEXEVA	TRINTELLIX VIIBRYD
Sleeping Agents Insomnia/Sleep Problems	<i>doxepin tabs</i> <i>eszopiclone</i> <i>ramelteon</i> <i>zolpidem/zolpidem ext-rel</i> <i>zolpidem sublingual</i>	EDLUAR	BELSOMRA

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This is not an inclusive list.

Products may be subject to plan-specific copayment or coinsurance. Some prescription benefit plan designs may not cover certain categories, regardless of their appearance in this document.

Information is believed to be accurate as of the production date; however, it is subject to change.

To check coverage and copay information for a specific medicine, log into your member website. For questions, please call the toll free number on your member ID card.

