

# Drugs requiring step therapy

---

**2020 High Performance Generic Step Therapy  
for Aetna Standard Plan and Advanced  
Control Plan**





<b>Drug class</b> <b>Condition treated**</b>	<b>Step 1:</b> You will have to try one or two* of these generic medications first:	<b>Step 2:</b> Before you can try one of these brand drugs:	These preferred select brand drugs do not require use of a generic first:	
<b>Antipsychotics</b> <b>Mental Health</b>	<i>aripiprazole</i> <i>clozapine</i> <i>olanzapine</i> <i>paliperidone ext-rel</i>	<i>quetiapine/</i> <i>quetiapine ext-rel</i> <i>risperidone</i> <i>ziprasidone</i>	ADASUVE LATUDA REXULTI SAPHRIS VRAYLAR	Preferred select brand not available in class
<b>Benign Prostatic Hyperplasia-Alpha Blockers</b> <b>Prostate</b>	<i>alfuzosin ext-rel</i> <i>doxazosin</i> <i>dutasteride</i> <i>dutasteride- tamsulosin</i>	<i>finasteride</i> <i>silodosin</i> <i>tamulosin</i> <i>terazosin</i>	CARDURA XL	Preferred select brand not available in class
<b>Bisphosphonates/Combinations</b> <b>Osteoporosis</b>	<i>alendronate</i> <i>ibandronate</i> <i>risedronate</i>		BINOSTO FOSAMAX PLUS D	Preferred select brand not available in class
<b>COX-2 Inhibitors/Nonsteroidal Anti-Inflammatory (NSAIDs)/ Combinations*</b> <b>Pain and Inflammation</b>	<i>celecoxib</i> <i>diclofenac sodium/</i> <i>misoprostol</i> <i>fenopropfen</i>  (Additional generic NSAIDs available)	<i>ibuprofen</i> <i>meloxicam</i> <i>naproxen tabs</i>	FLECTOR TIVORBEX VIVLODEX ZIPSOR	Preferred select brand not available in class
<b>Fibrates</b> <b>High Triglycerides</b>	<i>fenofibrate</i> <i>fenofibric acid delayed-rel</i> <i>gemfibrozil</i>		TRIGLIDE	Preferred select brand not available in class
<b>Prostaglandin Analogues and Combinations</b> <b>Glaucoma</b>	<i>latanoprost</i> <i>travoprost</i>		ROCKLATAN VYZULTA XELPROS ZIOPTAN	Preferred select brand not available in class
<b>Proton Pump Inhibitors (PPIs)</b> <b>Stomach Acid</b>	<i>esomeprazole</i> <i>lansoprazole delayed-rel</i> <i>omeprazole delayed-rel</i> <i>pantoprazole delayed-rel</i> <i>rabeprazole</i>		DEXILANT PRILOSEC PACKETS	Preferred select brand not available in class
<b>Selective Serotonin Agonists/ Combinations</b> <b>Migraine</b>	<i>almotriptan</i> <i>eletriptan</i> <i>frovatriptan</i> <i>naratriptan</i>	<i>rizatriptan</i> <i>sumatriptan</i> <i>zolmitriptan</i>	ONZETRA XSAIL ZEMBRACE SYMTOUCH	Preferred select brand not available in class
<b>Serotonin Norepinephrine Reuptake Inhibitors (SNRIs)</b> <b>Depression</b>	<i>desvenlafaxine ext-rel</i> <i>duloxetine delayed-rel</i> <i>venlafaxine/venlafaxine ext-rel</i>		FETZIMA	Preferred select brand not available in class
<b>Selective Serotonin Reuptake Inhibitors (SSRIs)</b> <b>Depression</b>	<i>citalopram</i> <i>escitalopram</i> <i>fluoxetine (except fluoxetine 60 mg tablet)</i> <i>fluvoxamine/fluvoxamine ext-rel</i> <i>paroxetine HCl/paroxetine HCl ext-rel</i> <i>sertraline</i>		PEXEVA TRINTELLIX VIIBRYD	Preferred select brand not available in class

<b>Drug class</b> <b>Condition treated**</b>	<b>Step 1:</b> You will have to try one or two* of these generic medications first:	<b>Step 2:</b> Before you can try one of these brand drugs:	These preferred select brand drugs do not require use of a generic first:	
<b>Sleeping Agents</b> <b>Insomnia/Sleep Problems</b>	<i>doxepin tabs</i> <i>eszopiclone</i> <i>ramelteon</i> <i>zaleplon</i>	<i>zolpidem/</i> <i>zolpidem ext rel</i> <i>zolpidem sublingual</i>	BELSOMRA EDLUAR	Preferred select brand not available in class
<b>Urinary Antispasmodics*</b> <b>Overactive Bladder/Incontinence</b>	<i>darifenacin ext-rel</i> <i>oxybutynin/oxybutynin ext-rel</i> <i>tolterodine/tolterodine ext-rel</i> <i>trospium/trospium ext-rel</i>		GELNIQUE MYRBETRIQ	Preferred select brand not available in class

Updated 10/2020

This is not an inclusive list.

Products may be subject to plan-specific copayment or coinsurance. Some prescription benefit plan designs may not cover certain categories, regardless of their appearance in this document.

Information is believed to be accurate as of the production date; however, it is subject to change.

To check coverage and copay information for a specific medicine, log into your member website. For questions, please call the toll free number on your member ID card.

