



Member-focused care made simpler



Aetna Whole Health plans deliver coordinated, team-based care by bringing Primary Care Providers (PCP¹), specialists and hospitals together to help manage member care, improve outcomes and reduce costs.

Providers and care managers work together to guide members to more efficient, coordinated care. **Our team helps simplify the process and supports better health at a lower overall cost.**

And by moving away from reactive treatment to proactive health management and strengthening communication across the system, care teams can focus on what they do best — providing quality medical care. They can:

- ✓ Proactively address member health needs instead of waiting for issues to arise.
- ✓ Expand their impact by moving from one-to-one treatment to managing the health of their entire member population.
- ✓ Enhance communication and information-sharing across primary care, specialists, labs, emergency rooms and skilled nursing facilities for a more seamless care experience.



On average, Aetna Whole Health plans target **8–15% savings** compared with broad-network Aetna plans.²

¹ In the state of Washington, PCP refers to primary care provider.

² Actual results may vary based on plan design, group size, and market. Savings are calculated annually by Aetna Actuarial & Analytics and may be less when compared to other value-based network plans.

Save on health care premiums

Aetna Whole Health plans partner with local providers to help lower your health care premiums. That's because these plans are designed to:



Reward providers for delivering higher-quality care.



Enhance the member experience through robust care management programs.



Slow medical cost growth by reducing waste, improving care coordination and closing care gaps.



Strengthen relationships between members and their primary care providers.

Talk to your Aetna representative today

to learn how Aetna Whole Health plans can help your organization save.

This message is for informational purposes only, is not medical advice and is not intended to be a substitute or proper medical care provided by a physician. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna is not a provider of health care services and, therefore, cannot guarantee any results or outcomes. The availability of any particular provider cannot be guaranteed and is subject to change. Information is believed to be accurate as of the production date; however, it is subject to change. Refer to [Aetna.com](https://www.aetna.com) for more information about Aetna® plans. Subject to benefits and eligibility verification.

Under your Aetna Whole Health plan, if your primary care doctor is part of an integrated delivery system, your doctor and other integrated delivery system providers will generally refer you to specialists and hospitals that are affiliated with that delivery system. However, Aetna Whole Health providers that aren't part of the integrated network may not coordinate your care and the data may not be shared in the manner described. The Aetna Personal Health Record should not be used as the sole source of information about the member's health history. Network provider information may be limited. Information is believed to be accurate as of the production date; however, it is subject to change.

Aetna® is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna). Refer to [Aetna.com](https://www.aetna.com) for more information about Aetna plans and for a full list of participating providers. For legal disclaimers, visit aetna.com/disclaimers