



# Cimzia® (certolizumab pegol) Injectable Medication Precertification Request

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(All fields must be completed and legible for precertification review.)

Aetna Precertification Notification

Phone: 1-866-752-7021

FAX: 1-888-267-3277

For Medicare Advantage Part B:  
Please Use Medicare Request Form

Please indicate:  Start of treatment: Start date \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 Continuation of therapy: Date of last treatment \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Precertification Requested By: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### A. PATIENT INFORMATION

First Name:		Last Name:		DOB:	
Address:		City:		State:	ZIP:
Home Phone:	Work Phone:	Cell Phone:		Email:	
Patient Current Weight: ____ lbs or ____ kgs		Patient Height: ____ inches or ____ cms		Allergies:	

### B. INSURANCE INFORMATION

Aetna Member ID #:	Does patient have other coverage? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Group #:	If yes, provide ID#:	Carrier Name:
Insured:	Insured:	
Medicare: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provide ID #:	Medicaid: <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, provide ID #:	

### C. PRESCRIBER INFORMATION

First Name:		Last Name:		(Check One): <input type="checkbox"/> M.D. <input type="checkbox"/> D.O. <input type="checkbox"/> N.P. <input type="checkbox"/> P.A.	
Address:		City:		State:	ZIP:
Phone:	Fax:	St Lic #:	NPI #:	DEA #:	UPIN:
Provider Email:		Office Contact Name:		Phone:	
Specialty (Check one): <input type="checkbox"/> Gastroenterologist <input type="checkbox"/> Rheumatologist <input type="checkbox"/> Dermatologist <input type="checkbox"/> Other: _____					

### D. DISPENSING PROVIDER/ADMINISTRATION INFORMATION

<b>Place of Administration:</b> <input type="checkbox"/> Self-administered <input type="checkbox"/> Physician's Office <input type="checkbox"/> Outpatient Infusion Center Phone: _____ Center Name: _____ <input type="checkbox"/> Home Infusion Center Phone: _____ Agency Name: _____ <input type="checkbox"/> Administration code(s) (CPT): _____	<b>Dispensing Provider/Pharmacy: Patient Selected choice</b> <input type="checkbox"/> Physician's Office <input type="checkbox"/> Retail Pharmacy <input type="checkbox"/> Specialty Pharmacy <input type="checkbox"/> Mail Order <input type="checkbox"/> Other: _____ Name: _____ Phone: _____ Fax: _____ TIN: _____ PIN: _____
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### E. PRODUCT INFORMATION

Request is for Cimzia (certolizumab pegol) Dose: \_\_\_\_\_ Frequency: \_\_\_\_\_

### F. DIAGNOSIS INFORMATION - Please indicate primary ICD code and specify any other any other where applicable (\*).

Primary ICD code: \_\_\_\_\_ Secondary ICD code: \_\_\_\_\_

### G. CLINICAL INFORMATION - Required clinical information must be completed for ALL precertification requests.

#### For All Requests (clinical documentation required for all requests):

Yes  No Will the requested drug be used in combination with any other biologic (e.g., Humira) or targeted synthetic disease-modifying anti-rheumatic drug (DMARD) (e.g., Olumiant, Otezla, Xeljanz)?

Yes  No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) or targeted synthetic DMARD (e.g., Olumiant, Xeljanz) associated with an increased risk of tuberculosis?

Yes  No Has the patient had a tuberculosis (TB) test (e.g., tuberculosis skin test [PPD], interferon-release assay [IGRA], chest x-ray) within 6 months of initiating therapy?

        > (Check all that apply):  PPD test  interferon-gamma assay (IGRA)  chest x-ray

        Please enter the results of the tuberculosis (TB) test:  positive  negative  unknown

**If positive**, please indicate which applies to the patient:

latent TB and treatment for latent TB has been initiated

latent TB and treatment for latent TB has been completed

latent TB and treatment for latent TB has not been initiated

active TB

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**G. CLINICAL INFORMATION (continued)** – Required clinical information must be completed in its entirety for all precertification requests.

**For Initiation Requests (clinical documentation required for all requests):**

**Ankylosing spondylitis and axial spondyloarthritis**

Please indicate loading dose at weeks 0, 2 and 6: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

Please select which of the following applies to the patient:  Active ankylosing spondylitis (AS)  Active axial spondyloarthritis

Yes  No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) indicated for active ankylosing spondylitis or active axial spondyloarthritis?

→  Yes  No Has the patient experienced an inadequate response with at least TWO nonsteroidal anti-inflammatory drugs (NSAIDs), or does the patient have an intolerance or contraindication to at least two NSAIDs?

Yes  No Is the patient female and currently pregnant or breastfeeding?

→ Please indicate the preferred alternatives for ankylosing spondylitis (AS) or axial spondyloarthritis that have been ineffective, not tolerated, or are contraindicated:  Cosentyx  Enbrel  Humira

**Crohn's disease**

Please indicate loading dose at weeks 0, 2, and 6: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

Yes  No Has the patient been diagnosed with moderately to severely active Crohn's disease (CD)?

Yes  No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) indicated for moderately to severely active Crohn's disease?

→  Yes  No Has the patient tried and had an inadequate response to at least one conventional therapy option?

→  Yes  No Does the patient have a contraindication or intolerance to at least one conventional therapy option (e.g., azathioprine [Azasan, Imuran], budesonide [Entocort EC], ciprofloxacin [Cipro], mercaptopurine [Purinethol], methylprednisolone [Solu-Medrol], methotrexate IM or SC, metronidazole [Flagyl], prednisone, sulfasalazine [Azulfidine, Sulfazine], rifaximin [Xifaxan], tacrolimus)?

Please select:  Sulfasalazine (Azulfidine, Sulfazine)  Metronidazole (Flagyl)

Ciprofloxacin (Cipro)  Prednisone  Budesonide (Entocort EC)  Azathioprine (Azasan, Imuran)

Mercaptopurine (Purinethol)  Methotrexate IM or SC  Methylprednisolone (Solu-Medrol)

Rifaximin (Xifaxan)  Tacrolimus

Yes  No Is the patient female and currently pregnant or breastfeeding?

→ Please indicate the preferred alternatives for Crohn's disease that have been ineffective, not tolerated, or are contraindicated:  Humira

**Plaque psoriasis**

Please indicate loading dose at weeks 0, 2 and 4: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

Yes  No Has the patient been diagnosed with moderate to severe plaque psoriasis?

Yes  No Has the patient ever received (including current utilizers) Otezla or a biologic (e.g., Humira) indicated for the treatment of moderate to severe plaque psoriasis?

→  Yes  No Are crucial body areas (e.g., hands, feet, face, neck, scalp, genitals/groin, intertriginous areas) affected?

→ Please indicate the percentage of body surface area (BSA) affected (prior to starting the requested medication): \_\_\_\_\_%

**If less than 10% of BSA:**

Yes  No Has the patient experienced an inadequate response, or has an intolerance to phototherapy (e.g., UVB, PUVA) or pharmacologic treatment with methotrexate, cyclosporine or acitretin?

→  Yes  No Does the patient have a clinical reason to avoid pharmacologic treatment with methotrexate, cyclosporine and acitretin?

Please indicate clinical reason to avoid pharmacologic treatment:

Clinical diagnosis of alcohol use disorder, alcoholic liver disease or other chronic liver disease

Breastfeeding  Cannot be used due to risk of treatment-related toxicity  Drug interaction

Pregnancy or currently planning pregnancy

Significant comorbidity prohibits use of systemic agents (e.g., liver or kidney disease, blood dyscrasias, uncontrolled hypertension)

Other, please explain: \_\_\_\_\_

Yes  No Is the patient female and currently pregnant or breastfeeding?

→ Please indicate the preferred alternatives for plaque psoriasis that have been ineffective, not tolerated, or are contraindicated:

Humira  Ilumya  Otezla  Skyrizi  Stelara  Taltz  Tremfya

**Psoriatic arthritis**

Please indicate loading dose at weeks 0, 2 and 4: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

Yes  No Has the patient been diagnosed with active psoriatic arthritis (PsA)?

Yes  No Does the patient have psoriatic arthritis with co-existent plaque psoriasis?

Yes  No Is the patient female and currently pregnant or breastfeeding?

→ Please indicate the preferred alternatives for psoriatic arthritis that have been ineffective, not tolerated, or are contraindicated:

Cosentyx  Enbrel  Humira  Otezla

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**G. CLINICAL INFORMATION (continued)** – Required clinical information must be completed in its entirety for all precertification requests.

**Rheumatoid arthritis**

Please indicate loading dose at weeks 0, 2 and 6: \_\_\_\_\_ Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks

- Yes  No Has the patient been diagnosed with moderately to severely active rheumatoid arthritis (RA)?
- Yes  No Has the patient ever received (including current utilizers) a biologic (e.g., Humira) or targeted synthetic disease modifying drug (DMARD) (e.g., Rinvoq, Xeljanz) indicated for moderately to severely active rheumatoid arthritis?
  - Yes  No Does the patient meet either of the following: a) the patient was tested for the rheumatoid factor (RF) biomarker and the RF biomarker test was positive, or b) the patient was tested for the anti-cyclic citrullinated peptide (anti-CCP) biomarker and the anti-CCP biomarker test was positive?
    - Yes  No Has the patient been tested for all of the following biomarkers: a) rheumatoid factor (RF), b) anti-cyclic citrullinated peptide (anti-CCP), and c) C-reactive protein (CRP) and/or erythrocyte sedimentation rate (ESR)?
  - Yes  No Has the patient experienced an inadequate response after at least 3 months of treatment with methotrexate at a dose greater than or equal to 15 mg per week?
    - Yes  No Has the patient experienced an intolerance to methotrexate?
      - Yes  No Does the patient have a contraindication to methotrexate?
        - Please indicate the contraindication:
          - History of intolerance or adverse event  Renal impairment  Hypersensitivity
          - Blood dyscrasias (e.g., thrombocytopenia, leukopenia, significant anemia)
          - Breastfeeding  Elevated liver transaminases  Myelodysplasia
          - Interstitial pneumonitis or clinically significant pulmonary fibrosis
          - Pregnancy or currently planning pregnancy  Significant drug interaction
          - Clinical diagnosis of alcohol use disorder, alcoholic liver disease or other chronic liver disease
          - Other: \_\_\_\_\_
- Yes  No Is the patient female and currently pregnant or breastfeeding?
  - Yes  No Please indicate the preferred alternatives for rheumatoid arthritis have been ineffective, not tolerated, or are contraindicated:
    - Enbrel  Humira  Kevzara  Rinvoq  Xeljanz/Xeljanz XR

**For Continuation Requests (clinical documentation required for all requests):**

- Please indicate maintenance dose: \_\_\_\_\_ frequency: \_\_\_\_\_ weeks
- Yes  No Is the patient currently receiving the requested drug through samples or a manufacturer's patient assistance program?
- Yes  No Has the patient achieved or maintained positive clinical response as evidenced by low disease activity or improvement in signs and symptoms since starting treatment with the requested drug?

**Ankylosing spondylitis and axial spondyloarthritis**

- Please indicate which of the following has the patient experienced:
  - Functional status  Total spinal pain  Inflammation (e.g., morning stiffness)  None of the above

**Crohn's disease**

- Yes  No Has the patient achieved or maintained remission?
- Please indicate which of the following has the patient experienced:
  - Abdominal pain or tenderness  Abdominal mass  Body weight  Diarrhea  Endoscopic appearance of the mucosa  Hematocrit
  - Improvement on a disease activity scoring tool (e.g., Crohn's Disease Activity Index [CDAI] score)  None of the above

**Plaque psoriasis**

- Yes  No Has the patient experienced a reduction in body surface area (BSA) affected from baseline?
  - Yes  No Has the patient experienced an improvement in signs and symptoms of the condition from baseline (e.g., itching, redness, flaking, scaling, burning, cracking, pain)?

**Psoriatic arthritis**

- Please indicate which of the following has the patient experienced:
  - Number of swollen joints  Number of tender joints  Dactylitis  Enthesitis  Skin and/or nail involvement  None of the above

**Rheumatoid arthritis**

Please indicate the percent of disease activity improvement from baseline in tender joint count, swollen joint count, pain, or disability: \_\_\_\_\_%

**H. ACKNOWLEDGEMENT**

Request Completed By (Signature Required): \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Any person who knowingly files a request for authorization of coverage of a medical procedure or service with the intent to injure, defraud or deceive any insurance company by providing materially false information or conceals material information for the purpose of misleading, commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

The plan may request additional information or clarification, if needed, to evaluate requests.