aetna®

January 30, 2025

There are upcoming changes to your plan's drug coverage — and we want to be sure you're ready

Starting **April 1, 2025**, you'll see changes to the drugs your **Aetna Standard Plan for Department of Defense** plan covers. It's important that you review the changes in the chart enclosed. Talk to your doctor about how these changes might impact you.

Find out how to keep your costs low

If the status of your current drug is changing, you may pay more for refilling them on or after April 1, 2025. So, we want to make sure you understand your options and what to do next.

What to do if your drugs are changing

Talk to your doctor to find out if changing to a preferred drug is right for you. If they agree, have them send a new prescription to your pharmacy so it's ready for you to fill.

Your doctor may decide it's best for you to stay on your current drug. If so, they can ask for medical exception. Or you can call us at the number on your member ID card to request one. If approved, you'll still pay your plan copay or cost-share, after you meet your plan's deductible or out-of-pocket requirements.

Need more support? We're here to help.

- Visit the website listed on your member ID card to view your current plan details.
- Call us at the number on your member ID card.

Changes beginning April 1, 2025

On or after this date, log in to your member website. Here, you can search for and estimate the cost of your drug(s). You can also find options that may cost you less. Keep in mind, these costs will depend on several things, like where you are with your deductible.

The changes listed in the charts below are based on your plan information as of the date of this letter.

UPPER CASE = brand-name medication

lower case = generic medication

*Class has existing formulary exclusions

**Multi-source Brand Product

^Previously New to Market block

Formulary additions

Drug Class	Products added
Autoimmune Agents, Self-Administered*	ADALIMUMAB-FKJP^

Non-preferred to preferred tier

Drug Class	Product names
Endocrine and Metabolic, Diabetic Supplies*	ONETOUCH LANCETS /LANCING DEVICES, ACCU-CHEK SAFE-T-PRO LANCETS

Formulary removals

Drug Class	Removed products	Formulary options
Antineoplastic Agents, Kinase Inhibitors*	SPRYCEL**	dasatinib, imatinib mesylate, BOSULIF
Central Nervous System, Antidepressants*	FLUOXETINE TABLET 60MG	citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext-rel (except NDC 60505367503), sertraline, vilazodone
Antidiabetics, Incretin Mimetic Agents*	VICTOZA**	liraglutide, MOUNJARO, OZEMPIC, RYBELSUS, TRULICITY
Endocrine and Metabolic, Diabetic Supplies*	LANCETS / LANCING DEVICES (except ACCU-CHEK LANCETS / LANCING DEVICES and ONETOUCH LANCETS / LANCING DEVICES)	ACCU-CHEK LANCETS / LANCING DEVICES, ONETOUCH LANCETS / LANCING DEVICES

Preferred to non-preferred tier

Drug Class	Product names	Alternatives
Anti-Infectives, Miscellaneous*	CLEOCIN**	clindamycin
	CLEOCIN PEDIATRIC SOLUTION**	clindamycin oral solution
	MACROBID CAPSULE**	nitrofurantoin (except NDC 16571074024)
Anti-Infectives, Antimalarials*	MALARONE**	atovaquone-proguanil
Antineoplastic Agents, Alkylating Agents*	ALKERAN**	Talk to your doctor for preferred options
Antineoplastic Agents, Hormonal Antineoplastic Agents*	ARIMIDEX**, AROMASIN**, FEMARA**	anastrozole, exemestane, letrozole
Antineoplastic Agents, Miscellaneous*	HYDREA**	hydroxyurea
Cardiovascular, ACE Inhibitor Combinations*	LOTREL**	amlodipine-benazepril
Cardiovascular, Aldosterone Receptor Antagonists*	INSPRA**	eplerenone, spironolactone
Cardiovascular, Diuretics*	ALDACTONE**	eplerenone, spironolactone
Cardiovascular, Miscellaneous*	CATAPRES-TTS**	clonidine patch
Cardiovascular, Nitrates*	NITRO-DUR**	isosorbide dinitrate (except isosorbide dinitrate 40mg), isosorbide mononitrate, isosorbide mononitrate ER, nitroglycerin patch
Central Nervous System, Antianxiety*	ANAFRANIL**	clomipramine, fluoxetine (except fluoxetine tablet 60mg, fluoxetine tablet [generics for SARAFEM]), fluvoxamine, paroxetine, sertraline
Central Nervous System, Antidepressants*	NORPRAMIN**, PAMELOR**	amitriptyline, desipramine, doxepin, imipramine hydrochloride, nortriptyline
	NARDIL**, PARNATE**	phenelzine, tranylcypromine
Central Nervous System, Miscellaneous*	LITHOBID**	lithium carbonate, lithium carbonate ER
Central Nervous System, Musculoskeletal Therapy Agents*	DANTRIUM**	baclofen, dantrolene, tizanidine, ZANAFLEX
Endocrine and Metabolic, Contraceptives*	DEPO-PROVERA**, DEPO-SQ	medroxyprogesterone injection
Gastrointestinal, Antidiarrheals*	LOMOTIL**	diphenoxylate-atropine, loperamide
Gastrointestinal, Miscellaneous*	CYTOTEC**	misoprostol
Gastrointestinal, Rectal, Corticosteroids*	ANUSOL-HC CREAM**	hydrocortisone cream, PROCTOFOAM HC
Genitourinary, Vaginal Anti-Infectives*	CLEOCIN VAGINAL CREAM**	clindamycin vaginal cream
Hematologic, Anticoagulants*	ARIXTRA**	enoxaparin, fondaparinux, FRAGMIN

Preferred to non-preferred tier (continued)

Drug Class	Product names	Alternatives
Hematologic, Miscellaneous*	AGRYLIN**	anagrelide
Immunologic Agents, Disease-Modifying Anti-Rheumatic Drugs (DMARDs)*	ARAVA**, PLAQUENIL**	hydroxychloroquine, leflunomide, methotrexate, sulfasalazine DR
Immunologic Agents, Immunosuppressants*	IMURAN**	azathioprine
Topical Dermatology, Acne*	ONEXTON GEL**	adapalene (except adapalene pad), adapalene-benzoyl peroxide, benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, erythromycin solution, erythromycin-benzoyl peroxide, tazarotene, tretinoin
Topical Dermatology, Corticosteroids	CLOBEX LOTION**, CLOBEX SHAMPOO**	clobetasol cream 0.05%, foam 0.05% (except clobetasol emollient foam), gel 0.05%, lotion 0.05%, ointment 0.05%, and shampoo 0.05%; clobetasol propionate solution 0.05%; betamethasone dipropionate augmented gel 0.05% and ointment 0.05%; halobetasol cream 0.05% and ointment 0.05%
Topical Dermatology, Scabicides and Pediculicides*	OVIDE LOTION**	malathion
Topical, Dental Agents*	EVOXAC**	cevimeline, pilocarpine, SALAGEN
Topical, Local Anesthetics*	LIDODERM PATCH**	lidocaine patch
Topical, Dermatology, Antibiotics*	SILVADENE CREAM**	silver sulfadiazine

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Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. The drugs on the Pharmacy Drug Guide (formulary), Formulary Exclusions, Precertification, Quantity Limit and Step Therapy Lists are subject to change.

This material is for information only. It contains only a partial, general description of plan benefits or programs and does not constitute a contract.

Updates as of January 24, 2025. Information subject to change.

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Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,
P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),
1-800-648-7817, TTY: 711,
Fax: 859-425-3379 (CA HMO customers: 860-262-7705), CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

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TTY:711

English	To access language services at no cost to you, call the number on your ID card.
Albanian	Për shërbime përkthimi falas për ju, telefononi në numrin që gjendet në kartën tuaj të identitetit.
Amharic	የ ቋንቋ አገ ልግሎቶችን ያለክፍያ ለማገኘት፣ በመታወቂያዎት ላይ ያለወን ቁጥር ይደወሉ፡ ፡
Arabic	للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتراكك.
Armenian	Ձեր նախընտրած լեզվով ավվճար խորհրդատվություն ստանալու համար զանգահարեք ձեր բժշկական ապահովագրության քարտի վրա նշված հէրախոսահամարով
Bantu-Kirundi	Kugira uronke serivisi z'indimi ata kiguzi, hamagara inomero iri ku karangamuntu kawe
Bengali	আপনাকে বিনামূল্যে ভাষা পরিষেবা পেতে হলে আপনার পরিচয়পত্রে দেওয়া নম্বরে টেলিফোন করুন।
Burmese	သင့်အနေဖြင့် အခကြေးငွေ မပေးရပဲ ဘာသာစကားဝန်ဆောင်မှုများ ရရှိနိုင်ရန်၊ သင့် ID ကတ်ပေါ်တွင်ရှိသော ဖုန်းနံပတ်အား ခေါ်ဆိုပါ။
Catalan	Per accedir a serveis lingüístics sense cap cost per a vostè, telefoni al número indicat a la seva targeta d'identificació.
Cebuano	Aron maakses ang mga serbisyo sa lengguwahe nga wala kay bayran, tawagi ang numero nga anaa sa imong kard sa ID.
Chamorro	Para un hago' i setbision lengguåhi ni dibåtde para hågu, ågang i numiru gi iyo-mu kard aidentifikasion.
Cherokee	ᏩᎩᏍᏗ ᏕᏝᏂᏥᏍᏗ ᏔᏅᏚᏲᏁᏗ Ꮥ ᏁᏄᏍᏗ ᏗᏕᏋᏩᏔᏁᏗ ᏥᎩ, ᏍᏓᏥᏂᏃᏔᏃ ᏚᏍᎩ ᏗᏋᏍᏗ ᏂᏕᏁᏯᏅᏁ ᏅᏚᏔ ID ᏓᏂᏕᏍᏗ ᏕᏁᏁᏔ.
Chinese Traditional	如欲使用免費語言服務，請撥打您健康保險卡上所列的電話號碼
Choctaw	Anumpa tosholi i toksvli ya peh pilla ho ish i payahinla kvt chi holisso kallo iskitini holhtena takanli ma i payah
Chuukese	Ren omw kopwe angei aninisin eman chon awewei (ese kamé), kopwe kééri ewe nampa mei mak won noum ena katen ID
Cushitic-Oromo	Tajaajiiloota afaanii gatii bilisaa ati argaachuuf,lakkoofsa fuula waraaqaa eenyummaa (ID) kee irraa jiruun bilbili.
Dutch	Voor gratis taaldiensten, bel het nummer op uw ziekteverzekeringskaart.
French	Pour accéder gratuitement aux services linguistiques, veuillez composer le numéro indiqué sur votre carte d'assurance santé.
French Creole (Haitian)	Pou ou jwenn sèvis gratis nan lang ou, rele nimewo telefòn ki sou kat idantifikasyon asirans sante ou.
German	Um auf den für Sie kostenlosen Sprachservice auf Deutsch zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an.
Greek	Για πρόσβαση στις υπηρεσίες γλώσσας χωρίς χρέωση, καλέστε τον αριθμό στην κάρτα ασφάλισής σας.
Gujarati	તમારે કોઇ પણ જાતના ખર્ચ વિના ભાષા સેવાઓ મેળવવા માટે, તમારા આઇડી કાર્ડ પર રહેલ નંબર પર કૉલ કરવો.

Hawaiian	No ka wala‘au ‘ana me ka lawelawe ‘ōlelo e kahea aku i ka helu kelepona ma kāu kāleka ID. Kāki ‘ole ‘ia kēia kōkua nei.
Hindi	बिना किसी कीमत के भाषा सेवाओं का उपयोग करने के लिए, अपने आईडी कार्ड पर दिए नंबर पर कॉल करें।
Hmong	Yuav kom tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav ID.
Igbo	Inweta enyemaka asụsụ na akwughi ụgwọ obụla, kpọọ nọmba nọ na kaadi njirimara gị
Ilocano	Tapno maakses dagiti serbisio ti pagsasao nga awanan ti bayadna, awagan ti numero nga adda ayan ti ID kardmo.
Indonesian	Untuk mengakses layanan bahasa tanpa dikenakan biaya, silakan hubungi nomor telepon di kartu asuransi Anda.
Italian	Per accedere ai servizi linguistici senza alcun costo per lei, chiami il numero sulla tessera identificativa.
Japanese	無料の言語サービスは、IDカードにある番号にお電話ください。
Karen	လၢတၢ်ကမၤန့ၢ်ကျိာ်တၢ်မၤစၢၤအတၢ်ဖံးတၢ်မၤတဖဉ် လၢတအိဉ်ဒီးအပှၤလၢနကဘဉ်ဟ့ဉ်အီၤအဂီၢ်,ကိးဘဉ်လီတဲစိနိဉ်ဂ့ၢ်လၢအအိဉ်လၢနခိဉ်ဂီၤ (ID) အလိၤန့ဉ်တက့ၢ်.
Korean	무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오.
Kru-Bassa	I nyuu kosna mahola ni language services ngui nsaa wogui wo, sebel i nsinga i ye ntilga i kat yong matibla
Kurdish	بۆ دەستپێڕاگەیشتن بە خزمەتگوزاری زمان بەبێ تێچوون بۆ تۆ، پەیوەندی بکە بە ژمارەی سەر ئای دی(ID) کارتی خۆت.
Lao	ເພື່ອເຂົ້າເຖິງບໍລິການພາສາທີ່ບໍ່ເສຍຄ່າ, ໃຫ້ໂທຫາເບີໂທຢູ່ໃນບັດປະຈຳຕົວຂອງທ່ານ.
Marathi	आपल्याला कोणत्याही शुल्काशिवाय भाषा सेवांपर्यंत पोहोचण्यासाठी, आपल्या ID कार्डावरील क्रमांकावर फोन करा.
Marshallese	Ṇan bōk jipañ kōn kajin ilo an ejjeḷọk wōṇean ñan kwe, kwōn kallok nōṃba eo ilo kaat in ID eo aṃ.
Micronesian-Ponapean	Pwehn alehdi sawas en lokaia kan ni sohte pweipwei, koahlih nempe nan amhw doaropwe en ID.
Mon-Khmer, Cambodian	ដើម្បីទទួលបានសេវាកម្មភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។
Navajo	T’áá ni nizaad k’ehjí bee níká a’doowoł doo bą́ą́h ílínígóó naaltsoos bee atah nílı̨́go nanitinígíí bee néého’dólzinígíí béésh bee hane’í biká’ígíí áajı̨’ hólne’.
Nepali	भाषासम्बन्धी सेवाहरूमाथि निःशुल्क पहुँच राख्न आफ्नो कार्डमा रहेको नम्बरमा कल गर्नुहोस्।
Nilotic-Dinka	Të kɔɔr yïn ran de wëër de thokic ke cïn wëu kɔr keek tënɔŋ yïn. Ke yïn cɔl ran ye kɔc kuɔny në namba de abac tɔ në ID kard duɔ̈n de tïït de nyin de panakim kɔ̈u.
Norwegian	For tilgang til kostnadsfri språktjenester, ring nummeret på ID-kortet ditt.
Pennsylvanian-Dutch	Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.

Persian Farsi	برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید.
Polish	Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na karcie identyfikacyjnej.
Portuguese	Para aceder aos serviços linguísticos gratuitamente, ligue para o número indicado no seu cartão de identificação.
Punjabi	ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਪੰਜਾਬੀ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ‘ਤੇ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਫ਼ੋਨ ਕਰੋ।
Romanian	Pentru a accesa gratuit serviciile de limbă, apelați numărul de pe cardul de membru.
Russian	Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте.
Samoan	Mō le mauaina o 'au'aunaga tau gagana e aunoa ma se totogi, vala'au le numera i luga o lau pepa ID.
Serbo-Croatian	Za besplatne prevodilačke usluge pozovite broj naveden na Vašoj identifikacionoj kartici.
Spanish	Para acceder a los servicios lingüísticos sin costo alguno, llame al número que figura en su tarjeta de identificación.
Sudanic Fulfulde	Heeɓa a naasta nder ekkitol jaangirde woldeji walla yobugo, ewnu lamba je ɗon windi ha do ɗerowol maaɗa.
Swahili	Kupata huduma za lugha bila malipo kwako, piga nambari iliyo kwenye kadi yako ya kitambulisho.
Syriac-Assyrian	ܐܢ ܡܣܩܬܐ ܬܠܘܟ ܥܠ ܝܠܦܢܘܬܐ ܕܫܘܬܦܘܬܐ ܒܠܫܢܐ ܡܓܢܢܐܝܬ، ܩܪܝܬܘܢ ܡܢܝܢܐ ܥܠ ܦܬܩܐ ܕܫܘܕܥܬܐ ܕܝܗܘܝܬܘܢ.
Tagalog	Upang ma-access ang mga serbisyo sa wika nang walang bayad, tawagan ang numero sa iyong ID card.
Telugu	భాష సేవలను మీకు ఖర్చు లేకుండా అందుకునేందుకు, మీ ఐడి కార్డుపై ఉన్న నంబరుకు కాల్ చేయండి.
Thai	หากท่านต้องการเข้าถึงการบริการทางด้านภาษาโดยไม่มีค่าใช้จ่าย โปรดโทรหมายเลขที่แสดงอยู่บนบัตรประจำตัวของท่าน
Tongan	Kapau ‘oku ke fiema’u ta’etōtōngi ‘a e ngaahi sēvesi kotoa pē he ngaahi lea kotoa, telefoni ki he fika ‘oku hā atu ‘i ho’o ID kaati.
Turkish	Dil hizmetlerine ücretsiz olarak erişmek için kimlik kartınızdaki numarayı arayın.
Ukrainian	Щоб безкоштовнј отримати мовні послуги, задзвоніть за номером, вказаним на вашій ідентифікайній картці.
Urdu	لسانی خدمات تک مُفت رسائی کے لیے، اپنے بیمہ کے ID کارڈ پر درج نمبر پر کال کریں۔
Vietnamese	Để sử dụng các dịch vụ ngôn ngữ miễn phí, vui lòng gọi số điện thoại ghi trên thẻ ID của quý vị.
Yiddish	צו באקומען שפראך סערוויסעס פריי פון אפצאל, רופט דעם נומער אויף אייער ID קארטל.
Yoruba	Láti ráyèsí àwọn iṣẹ́ èdè fún ọ lọ́fẹ̀ẹ́, pe nọ́mbà tó wà lórí káàdì ìdánimọ̀ rẹ.