Improving smiles, lowering costs

The Aetna Dental/Medical Integration℠ program

Dental health affects overall health

Studies show that good dental care can lead to better overall health.* When dental problems occur, they not only cause pain and lost time from work but can also lead to serious health problems.

That’s why, through the Aetna Dental/Medical Integration program, we combine our dental and medical data for the health of your employees and your business.

Ignoring dental health causes chronic disease, which costs employers billions each year:

- $1.1T in heart disease costs by 2035¹
- $327B in diabetes costs in the U.S. in 2017²

A real solution to a costly problem

Our research shows that integrated medical and dental care leads to better employee health and could deliver medical cost savings.*

Our approach

1. IDENTIFY at-risk employees
2. ENGAGE them in outreach and education
3. DELIVER cost savings to you

*Ongoing, statistically valid analysis of Aetna Dental/Medical Integration℠ program customers.


Making the connection

We spot gaps in care and connect members to care at the right time.

- **22%** decline in hospital admissions*
- **42%** decrease in major and basic dental service*
- **10%** increase in preventive dental care*
- **5%** lower medical claims costs*
- **45%** improvement in diabetes management*
- **27%** lower risk scores for chronic conditions*

Just add up the benefits of integrated dental care

**Special support for employees, no extra work for you**

We help your employees stay healthy or get healthier if they have a chronic condition. They’ll get the tools and support they need, like education, a dedicated dental care coordinator, enhanced dental benefits and follow-up support.

And don’t worry about extra paperwork. Count on us to keep it stress-free by handling the administration process. In fact, even if you have medical coverage from another carrier, we’ll help get the information needed to take advantage of these combined benefits.

**Enrollment is easy, and everyone benefits**

There are no extra costs for fully insured plans — the Aetna Dental/Medical Integration™ program covers any additional services your employees may need. Plus, we automatically enroll at-risk employees. And self-insured plan sponsors can also benefit if they opt in to the program. Self-insured plan sponsors agree to pay for the extra dental services included in the Aetna Dental/Medical Integration program.

See how integrating Aetna® dental and medical can improve employee health and lower costs for you. Talk to your Aetna representative today.

*Ongoing, statistically valid analysis of Aetna Dental/Medical Integration program members. Aetna® data. Of the diabetic members in the Aetna Dental/Medical Integration program who started going to the dentist, only 17.8% are poorly controlled. For diabetic members in a comparable group with no Aetna Dental/Medical Integration program, 32.6% are poorly controlled.

Dental policies and plans are insured and/or administered by Aetna Life Insurance Company (Aetna).
Not all services are covered. See plan documents for a complete description of benefits, exclusions and limitations of coverage. Plan features and availability may vary by location and are subject to change.

Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice.

Refer to Aetna.com for more information about Aetna® plans.

In Texas, the Preferred Provider Organization (PPO) insurance plan is known as the Participating Dental Network (PDN). Each insurer has sole financial responsibility for its own products. In Colorado, this policy DOES NOT include coverage of pediatric dental services as required under federal law. Coverage of pediatric dental services is available for purchase in the State of Colorado and can be purchased as a stand-alone plan or as a covered benefit in another health plan. Please contact your insurance carrier, agent or Connect for Health Colorado to purchase either a plan that includes pediatric dental coverage or an Exchange-qualified stand-alone dental plan that includes pediatric dental coverage.

Policy forms issued in Oklahoma include: AL HCOC-Dental PPO 04, AL HCOC-Dental C004.
Policy forms issued in Missouri include: AL HGrpPol-Dental 01, DM HGrpAg-Dental 02.