CONNECTICUT TELEHEALTH SERVICES UPDATE

In accordance with Public Act 20-02 and Conn. Gen. Stat. §§ 38a-499a and 38a-526a on coverage of telehealth services, effective July 31, 2020, Aetna has modified its process for fully-insured plans through March 15, 2021 as follows:

- Provide coverage for medical advice, diagnosis, care or treatment through telehealth, to the same extent coverage is provided for such advice, diagnosis, care or treatment when provided to the member in person.
- Telehealth includes audio-only telehealth interactions with in-network telehealth providers.
- Telehealth provider includes the following in-network providers:
  - Nurse-midwife, dentist, genetic counselor, music therapist, art therapist, athletic trainer, physician, physician assistant, physical therapist, physical therapist assistant, chiropractor, naturopath, podiatrist, occupational therapist, occupational therapy assistant, optometrist, registered nurse, advanced practice registered nurse, psychologist, marital and family therapist, clinical social worker, master social worker, alcohol and drug counselor, professional counselor, dietitian-nutritionist, speech and language pathologist, respiratory care practitioner, audiologist, pharmacist, paramedic, or behavior analyst who is appropriately licensed, certified, or registered under Connecticut law or in another state or territory of the United States or the District of Columbia who is authorized to provide telehealth services in Connecticut.