When we think about health, most of us focus on medical conditions. What we tend to forget is that dental illness can also significantly impact overall health. In fact, research has shown that periodontal disease may be linked to chronic diseases such as diabetes and heart disease, as well as other conditions.1

On a smaller scale, even the most minor dental condition can interfere with the success of your international assignment. Just think of the last time you had a toothache or accidentally chipped a tooth. The discomfort can make it hard to concentrate and even put you out of commission for a short period of time.

So as you can see, taking care of your mouth is a must.

A smile is universal — make yours world class

Dental Indemnity Plan

We’ve got you covered

With the Aetna Dental Indemnity plan, you can access dental care at a licensed dentist almost anywhere in the world.

It’s easy to use your plan

1. Visit any licensed dentist for your covered dental services.
2. Simply pay the dentist at the time of service.
   - When seeking dental care in the U.S.: Either you or your dentist may submit a claim form to us for reimbursement.
   - When seeking dental care outside of the U.S.: You can submit a claim form to us for reimbursement.

Here are a few of the services covered by your dental plan:
- Preventive care — cleanings, bitewing and full-mouth X-rays
- Basic care — fillings and basic restorative work
- Major services — bridges, crowns and dentures

Some additional information:
- You are typically required to meet an annual deductible (a set dollar amount you must pay for covered expenses in a plan year) before your plan begins to pay for covered services.
- Once you meet the deductible, you may be required to pay a coinsurance amount (a percentage of covered expenses) depending on your plan of benefits.

Make sure you get the quality care you need

When accessing dental care, cleanliness is a must. Receiving a dental procedure in an unsanitary environment can lead to even further complications down the road.

Here are some quick tips for quality control when accessing dental care:
1. When you arrive at the dental facility, check out the environment:
   - Is the office clean and neat?
   - Do staff wash their hands with soap between patients?
   - Do they wear gloves for all procedures?
   - Do they clean and disinfect or use disposable covers on surfaces touched during treatment?

Finding a dental provider in your area is simple!

1. Log in to the secure Aetna International member website at www.aetnainternational.com.
2. Select the Member Tools tab at the top of the page.
3. Click the Find Health Care link.
   - To find a provider, click on International Doctor Directory.
   - To find a provider in the U.S., click on DocFind®.

Whether you’re at home or a world away — we are here for you

For more information on your Dental Indemnity plan, view your plan documents or call the Aetna International Member Service Center at the number on your member ID card.

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