

2006 Aetna Participating Provider Precertification List*

Applies to: Aetna Choice® POS, Aetna Choice POS II, Aetna Golden Choice™ Plan, Aetna Golden Medicare Plan®, Aetna HealthFund®, Aetna Open Access® Elect Choice, Aetna Open Access HMO, Aetna Open Access Managed Choice, Elect Choice®, HMO, Managed Choice®, Open Choice®, Quality Point-of-Service® (QPOS®) and USAccess® benefits plans and all products associated with the Aexcel® network designation**

1. Inpatient confinements

- Surgical and non-surgical confinements, excluding vaginal or Caesarean deliveries
- Skilled nursing facility
- Rehabilitation facility
- Inpatient hospice (except Medicare)
- Observation stays greater than 23 hours

2. Reconstructive procedures that may be considered cosmetic

- Blepharoplasty/canthopexy/canthoplasty
- Excision of excessive skin due to weight loss
- Rhinoplasty/rhytidectomy
- Gastroplasty/gastric bypass
- Pectus excavatum repair
- Breast reconstruction/breast enlargement
- Breast reduction/mammoplasty
- Surgical treatment of gynecomastia
- Lipectomy or excess fat removal
- Sclerotherapy or surgery for varicose veins
- Any other potentially cosmetic procedure

3. Selected durable medical equipment

- Electric or motorized wheelchairs and scooters
- Clinitron and electric beds
- Limb and torso prosthetics
- Customized braces

4. Medical injectables

- Intravenous immunoglobulin (IVIG)
- Growth hormone
- Blood clotting factors
- Interferons when used for Hepatitis C
 - > Pegasys®
 - > Peg Intron®
 - > Rebetrone®
 - > Roferon A®
 - > Intron A®
 - > Infergen®
- Synagis (intake by Aetna Specialty PharmacySM at 1-866-782-2779)

5. Uvulopalatopharyngoplasty, including laser-assisted procedures

6. Orthognathic surgery procedures, bone grafts, osteotomies and surgical management of the temporomandibular joint

7. Elective (non-emergent) transportation by ambulance or medical van, and all transfers via air ambulance

8. All home health care services, including home uterine monitoring, require clinical review

9. Requests for in-network level of benefits for non-participating physicians and providers for non-emergent services*** (this category does not apply to Open Choice members)

10. Dental implants and oral appliances

11. Services that may be considered investigational or experimental, except those categorized as "never effective"† by Aetna

12. IMRT for breast cancer, based on specific criteria

*The term precertification here means the utilization review process to determine whether the requested service, procedure, prescription drug or medical device meets the company's clinical criteria for coverage. It does not mean precertification as defined by Texas law, as a reliable representation of payment of care or services to fully insured HMO and PPO members.

**Not all plans are offered in all service areas.

***Aetna HealthFund PPO, Aetna HealthFund Managed Choice, Aexcel, Choice POS, Choice POS II, Golden Medicare Plan, Open Access Managed Choice, QPOS and USAccess benefits plans may include the option for members to go outside the network and receive reduced benefits.

†All services deemed "never effective" are excluded from coverage. Aetna defines a service as "never effective" when it is not recognized according to professional standards of safety and effectiveness in the United States for diagnosis, care or treatment. Visit the secure website, available through www.aetna.com, for more information. Click on "Claims," "CPT/HCPCS Coding Tool," "Clinical Policy Code Lookup."

Special Programs

- To precertify mental health, substance abuse or behavioral health services, see member's ID card
- Moms-to-Babies Maternity Management Program® including genetic testing, antenatal testing, perinatal consultations and counseling: 1-800-272-3531
- Infertility Program: 1-800-575-5999
- BRCA Genetic Testing is precertified through Aetna's BRCA Genetic Testing Program: 1-877-794-8720
- National Medical Excellence Program®: 1-877-212-8811 for all major organ transplant evaluations and transplants including, but not limited to, kidney, liver, heart, lung and pancreas, and bone marrow replacement or stem cell transfer after high-dose chemotherapy

- (Where applicable) HMO plan members only: Outpatient imaging precertification for CTs, MRI/MRA, nuclear cardiology, PET scans
- In Maryland only, precertification is required for outpatient sleep services for members who have selected PCPs

Additional Assistance and Information

- Electronic submission of precert requests and inquiries is preferred.
- Call our Provider Service Center for confirmation of member benefits and eligibility. For HMO benefits plans, call 1-800-624-0756. For indemnity and PPO-based benefits plans, call 1-888-632-3862.
- Visit www.aetna.com for Clinical Policy Bulletins and our DocFind® online provider directory.

- Contact Aetna Pharmacy Management at 1-800-414-2386 for precertification of oral medications only.
- Contact Aetna Specialty Pharmacy at 1-866-782-2779 for information on injectable medications not listed under **Medical injectables** on the reverse side.
- Precertification approvals are valid for six months in all states.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits coverage include Aetna Health Inc., Aetna Health of California Inc., Aetna Health of the Carolinas Inc., Aetna Health of Illinois Inc., Aetna Life Insurance Company, Aetna Health Insurance Company of New York, Corporate Health Insurance Company, Aetna Health Management Inc. and Aetna Health Administrators, LLC. Aetna Pharmacy Management refers to an internal business unit of Aetna Health Management, LLC.