

Take time for yourself

Schedule your mammogram this month!

Do you have questions about having a mammogram?

Watch the NEW on-line video from the American Cancer Society.

- Find out what other women are saying
- Hear what they learned about this test

You may be surprised at what you hear.



Take time to do 3 things for yourself:

1. See the new video at www.cancer.org/aetnamammo
2. Call 1-800-227-2345 to request a free breast cancer information packet
3. Schedule your mammogram!

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