# aetna : VA Aetna Classic 3500 PD: MO

Coverage Period: To Be Determined

**Summary of Benefits and Coverage:** What this Plan Covers & What it Costs

**Coverage for:** Individual + Family | **Plan Type:** POS

**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at **www.HealthReformPlanSBC.com** or by calling **855-632-6275**.

| Important Questions | Answers | Why this Matters: |
|---|---|---|
| **What is the overall deductible?** | In-network: Individual **$3,500**/ Family **$7,000**; Out-of-network: Individual **$7,000**/ Family **$14,000**. Does not apply in-network for certain office visits, preventive care, emergency care, urgent care and prescription drugs. | You must pay all the costs up to the **deductible** amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the **deductible** starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible**. |
| **Are there other deductibles for specific services?** | Yes. Individual **$500** /Family **$1,000** for prescription brand drug coverage. Does not apply to preferred generic drugs. There are no other specific **deductibles**. | You must pay all of the costs for these services up to the specific **deductible** amount before this plan begins to pay for these services. |
| **Is there an out-of-pocket limit on my expenses?** | Yes. In-network: Individual **$6,350** / Family **$12,700**; Out-of-network: Individual **$12,700** / Family **$25,400**. | The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. |
| **What is not included in the out-of-pocket limit?** | Premiums, balance-billed charges, penalties for failure to obtain pre-authorization for services and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the **out-of pocket limit**. |
| **Is there an overall annual limit on what the plan pays?** | No. | The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits. |
| **Does this plan use a network of providers?** | Yes. For a list of in-network **providers**, see **www.aetna.com** or call 855-632-6275. | If you use an in-network doctor or other health care **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**. See the chart starting on page 2 for how this plan pays different kinds of **providers**. |
| **Do I need a referral to see a specialist?** | No. | You can see the **specialist** you choose without permission from this plan. |
| **Are there services this plan doesn't cover?** | Yes. | Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about **excluded services**. |

**Questions**: Call 855-632-6275 or visit us at www.HealthReformPlanSBC.com.
If you aren't clear about any of the bolded terms used in this form, see the Glossary. You can view the Glossary at www.HealthReformPlanSBC.com or call 855-632-6275 to request a copy.

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- **Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

| Common Medical Event | Services You May Need | Your Cost If You Use an In-Network Provider | Your Cost If You Use an Out-Of-Network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| **If you visit a health care provider's office or clinic** | Primary care visit to treat an injury or illness | $25 copay per visit, deductible waived | 50% coinsurance | ——— None ——— |
| | Specialist visit | $50 copay per visit, deductible waived | 50% coinsurance | ——— None ——— |
| | Other practitioner office visit | 20% coinsurance for chiropractic care | 50% coinsurance for chiropractic care | Coverage is limited to 30 visits for chiropractic care. |
| | Preventive care /screening /immunization | No charge | 50% coinsurance | Age and frequency schedules may apply. |
| **If you have a test** | Diagnostic test (x-ray, blood work) | 20% coinsurance | 50% coinsurance | ——— None ——— |
| | Imaging (CT/PET scans, MRIs) | 20% coinsurance | 50% coinsurance | Precertification required for out-of-network care. Benefits will be reduced by $400 per occurrence if precertification is not obtained. |

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| Common Medical Event | Services You May Need | Your Cost If You Use an In-Network Provider | Your Cost If You Use an Out-Of-Network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| **If you need drugs to treat your illness or condition**<br><br>More Information about **prescription drug coverage** is available at www.aetna.com/pharmacy-insurance/individuals-families | Preferred generic drugs | $8 copay (retail), $24 copay (mail order); deductible waived | 50% coinsurance after $8 copay (retail), 50% coinsurance after $24 copay (mail order); deductible waived | Covers up to a 30 day supply (retail prescription); 31-90 day supply (mail order prescription). Applicable cost share plus difference (brand minus generic cost) applies for brand when generic available. No charge for preferred generic FDA-approved women's contraceptives in-network. Precertification and step therapy required. |
| | Preferred brand drugs | $60 copay (retail), $180 copay (mail order) | 50% coinsurance after $60 copay (retail), 50% coinsurance after $180 copay (mail order) | |
| | Non-preferred generic, brand and specialty drugs | 50% coinsurance (retail and mail order) | 50% coinsurance (retail and mail order) | |
| | Preferred specialty drugs | 50% coinsurance up to $500 maximum for up to a 30 day supply | Not covered | Aetna Specialty CareRx℠ - First Prescription must be filled at a participating retail pharmacy or Aetna Specialty Pharmacy®. Subsequent fills must be through Aetna Specialty Pharmacy®. |
| **If you have outpatient surgery** | Facility fee (e.g., ambulatory surgery center) | 20% coinsurance | 50% coinsurance | ——— None ——— |
| | Physician/surgeon fees | 20% coinsurance | 50% coinsurance | ——— None ——— |
| **If you need immediate medical attention** | Emergency room services | $500 copay per visit, deductible waived | $500 copay per visit, deductible waived | Copay is waived if admitted. OON ER services cost share same as in-network. |
| | Emergency medical transportation | 20% coinsurance | 20% coinsurance | OON cost share same as in-network. |
| | Urgent care | $45 copay per visit, deductible waived | 50% coinsurance | No coverage for non-urgent care. |
| **If you have a hospital stay** | Facility fee (e.g., hospital room) | 20% coinsurance | 50% coinsurance | Precertification required for out-of-network care. Benefits will be reduced by $400 per occurrence if precertification is not obtained. |
| | Physician/surgeon fee | 20% coinsurance | 50% coinsurance | ——— None ——— |

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| Common Medical Event | Services You May Need | Your Cost If You Use an In-Network Provider | Your Cost If You Use an Out-Of-Network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| **If you have mental health, behavioral health, or substance abuse needs** | Mental/Behavioral health outpatient services | $50 copay per visit, deductible waived | 50% coinsurance | ———— None ———— |
| | Mental/Behavioral health inpatient services | 20% coinsurance | 50% coinsurance | Precertification required for out-of-network care. Benefits will be reduced by $400 per occurrence if precertification is not obtained. |
| | Substance use disorder outpatient services | $50 copay per visit, deductible waived | 50% coinsurance | ———— None ———— |
| | Substance use disorder inpatient services | 20% coinsurance | 50% coinsurance | Precertification required for out-of-network care. Benefits will be reduced by $400 per occurrence if precertification is not obtained. |
| **If you are pregnant** | Prenatal and postnatal care | Prenatal: No charge; Postnatal: 20% coinsurance | 50% coinsurance | ———— None ———— |
| | Delivery and all inpatient services | 20% coinsurance | 50% coinsurance | Precertification required for out-of-network care. Benefits will be reduced by $400 per occurrence if precertification is not obtained. |
| **If you need help recovering or have other special health needs** | Home health care | 50% coinsurance | 50% coinsurance | Coverage is limited to 100 visits. |
| | Rehabilitation services | 20% coinsurance | 50% coinsurance | Coverage limited to 30 visits PT/OT combined & 30 visits ST. Benefit limits are shared between rehabilitation and habilitation services. |
| | Habilitation services | 20% coinsurance | 50% coinsurance | Coverage limited to 30 visits PT/OT combined & 30 visits ST. Benefit limits are shared between rehabilitation and habilitation services. Early Intervention unlimited up to age 3. |

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| Common Medical Event | Services You May Need | Your Cost If You Use an In-Network Provider | Your Cost If You Use an Out-Of-Network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| | Skilled nursing care | 20% coinsurance | 50% coinsurance | Coverage is limited to 100 days. Precertification required for out-of-network care. Benefits will be reduced by $400 per occurrence if precertification is not obtained. |
| | Durable medical equipment | 30% coinsurance for prosthetics, 50% coinsurance for all other DME | 50% coinsurance | ———— None ———— |
| | Hospice service | 20% coinsurance | 50% coinsurance | Precertification required for out-of-network care. Benefits will be reduced by $400 per occurrence if precertification is not obtained. |
| **If your child needs dental or eye care** | Eye exam | No charge | 50% coinsurance | Coverage is limited to 1 exam per year. |
| | Glasses | Preferred: No charge; Non-preferred: 50% coinsurance | 50% coinsurance | Coverage is limited to 1 pair of glasses (lenses and frames) or contacts per year. |
| | Dental check-up | No charge | 30% coinsurance, deductible waived | Coverage is limited to 2 exams per year. |

## Excluded Services & Other Covered Services:

**Services Your Plan Does NOT Cover** (This isn't a complete list. Check your policy or plan document for other **excluded services**.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs

| **Other Covered Services** | (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.) | |
|---|---|---|
| • Bariatric surgery<br>• Chiropractic care - limited to 30 visits | • Private-duty nursing - limited to 16 hours | • Routine eye care (Adult) - limited to 1 exam per year |

## Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 855-632-6275. You may also contact your state insurance department at (804) 371-9741, www.scc.virginia.gov/boi

## Your Grievance and Appeals Rights:

- If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice or assistance, you can contact us by calling the toll free number on your Medical ID Card. You may also contact your State Department of Insurance at (804) 371-9741, www.scc.virginia.gov/boi

## Language Access Services:

Para obtener asistencia en Español, llame al 855-632-6275.

如果需要中文的幫助，请拨打这个号码 855-632-6275.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 855-632-6275.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 855-632-6275.

----------*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*----------

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

### Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays:** $3,550
- **Patient pays:** $3,990

**Sample care costs:**

| | |
|---|---|
| Hospital charges (mother) | $2,700 |
| Routine obstetric care | $2,100 |
| Hospital charges (baby) | $900 |
| Anesthesia | $900 |
| Laboratory tests | $500 |
| Prescriptions | $200 |
| Radiology | $200 |
| Vaccines, other preventive | $40 |
| **Total** | **$7,540** |

**Patient pays:**

| | |
|---|---|
| Deductibles | $3,500 |
| Copays | $10 |
| Coinsurance | $330 |
| Limits or exclusions | $150 |
| **Total** | **$3,990** |

### Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays:** $2,580
- **Patient pays:** $2,820

**Sample care costs:**

| | |
|---|---|
| Prescriptions | $2,900 |
| Medical equipment and Supplies | $1,300 |
| Office Visits and Procedures | $700 |
| Education | $300 |
| Laboratory tests | $100 |
| Vaccines, other preventive | $100 |
| **Total** | **$5,400** |

**Patient pays:**

| | |
|---|---|
| Deductibles | $2,420 |
| Copays | $320 |
| Coinsurance | $0 |
| Limits or exclusions | $80 |
| **Total** | **$2,820** |

# Questions and answers about the Coverage Examples:

## What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

✖ **No.** Treatments shown are just examples. The care you would receive for this condition could be different, based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

✖ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

✔ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

✔ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.