## Telemedicine and Telehealth Services
### Texas Reimbursement Policy

**Policy Type:** Revised  
**Applies To:**  
- In-network Texas providers rendering telemedicine or telehealth services to members of fully-insured commercial medical plans subject to Texas Insurance Code (TIC) Chapter 1455.

**Policy Implementation:**  
**Date of service Effective Date:** January 1, 2018  
**Revision Date:** See Policy Revision Date  
**Applicable Insurance Code Section(s):** TIC Sections 1455.001 - 1455.006; Texas Occupational Code Section 111.004

Payment policies are intended to ensure that providers are paid based on the code that most accurately describes the procedure performed, and may use CPT/HCPCS, CMS or other coding methodologies. Coding methodology, industry-standard payment logic, regulatory requirements, benefits design and other factors are considered in developing payment policies.

**Policy**

This policy addresses Aetna Life Insurance Company and Aetna Health Inc.’s guidelines regarding payment for telehealth and telemedicine services in Texas.

Services provided through telemedicine are considered as if they were provided face-to-face if the relevant standard of care requirements are met. Services are considered eligible if they are otherwise eligible under the plan. There are no CPT codes specific to telemedicine services.

Providers must bill with Place of Service 02 (Telehealth services) and/or modifier GT (via an asynchronous telecommunications system) or 95 (via a synchronous interactive audio and video telecommunications system) with an eligible CPT/HCPCS code. When physicians or healthcare professionals report modifier GT, they certify that they rendered services to a patient via an interactive audio and visual telecommunications system. HCPCS also eligible for coverage: 0188T, G0406, G0425, G0459, G0508, Q3014, S9110 and T1014.

We are not required to cover telehealth by only synchronous audio or asynchronous telecommunication interaction, including:

- An audio-only telephone consultation;
- A text only email message; or
- A fax.

### Definitions/Glossary
| Term                                                                 | Definition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |