Help your patients save money

• Your patient’s benefits plan may have a higher copayment for drugs that aren’t on the Preferred Drug List. You can help patients save money by prescribing drugs on the Preferred Drug List, if appropriate. Here’s an example:
  • The choices you and your patients make about prescription medications affect health care costs. Drug prices are a main reason that insurance prices have gone up.

To submit medical exception or precertification requests for Aetna prescription medications:

• Fax the Precertification Unit at 1-877-269-9916.
• Call the Precertification Unit at 1-855-240-0535.

To submit requests online through our secure provider website:

• Go to www.aetna.com.
• Click “Health Care Professionals” then “Medical Professionals Log In.”
• Once logged in, select “Plan Central” then “Aetna Health Plan” and “Precertifications.”

Option 1:

• If your patient is currently taking a nonpreferred drug and the copayment is $35 per month, your patient’s total cost is $420 per year.*
• If your patient is switched to a Preferred Generic Drug and the copayment is $10 per month, your patient’s total cost is $120 per year.*
• Your patient can save $300 per year on just one prescription medication by switching to a preferred generic drug.

Option 2:

• If your patient is currently taking a nonpreferred drug and the copayment is $35 per month, your patient’s total cost is $420 per year.*
• If your patient is switched to a Brand-Name Preferred Drug and the copayment is $20 per month, your patient’s total cost is $240 per year.*
• Your patient can save $180 per year on just one prescription medication by switching to a preferred brand-name drug.

You can find current drug information online at www.aetna.com/formulary.

*Calculations based on 12 prescriptions per year.

All member care and related decisions are the sole responsibility of the physician, and this information does not dictate or control physicians’ clinical decisions regarding the appropriate care of members. Pharmacy benefits are not limited to the drugs on the Preferred Drug List. Drugs on the Formulary Exclusions List may be excluded from coverage under some pharmacy benefits plans unless a medical exception is obtained. Many drugs on the Preferred Drug List are subject to manufacturer rebate arrangements between Aetna and the manufacturer of those drugs.

The drugs on the Preferred Drug List, Formulary Exclusions, Precertification, Quantity Limit and Step-Therapy Lists are subject to change. The precertification, quantity limits and step therapy drug coverage review programs are not available in all service areas. For example, precertification and step therapy programs do not apply to fully insured members in New Jersey. However, these programs are available to self-insured plans.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits coverage include: Aetna Health Inc., Aetna Health of California Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company (Aetna). In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products. Aetna Pharmacy Management refers to an internal business unit of Aetna Health Management, LLC.

This card may not be used after 12/31/13.

www.aetna.com
## 2013 Aetna Preferred Drug List Information for Commercial plans*

### Quick Guide to Heart Care Medications

<table>
<thead>
<tr>
<th>LOWEST TIER</th>
<th>MIDDLE TIER</th>
<th>HIGHEST TIER</th>
</tr>
</thead>
<tbody>
<tr>
<td>preferred generics</td>
<td>preferred brands</td>
<td>nonpreferred brands and generics</td>
</tr>
</tbody>
</table>

#### ACE Inhibitors and Angiotensin Receptor Blockers (ARBs)
- benazepril
- captopril
- enalapril
- eprosartan QL
- fosinopril
- irbesartan QL
- lisinopril
- losartan QL
- moexipril
- perindopril
- quinapril
- ramipril
- trandolopril

#### Preferred Brands
- EXFORGE (amlodipine and valsartan) QL
- MICARDIS (telmisartan) QL
- ACCUPRIL (quinapril) FE
- ACEON (perindopril) FE
- ALTACE (ramipril) FE
- ATACAND (candesartan) FE, QL, ST, #
- APAFRO (irbesartan) FE, QL
- AZOR (irbesartan) FE, QL
- BENICAR (olmesartan) FE, QL, ST
- COZAAR (losartan) FE, QL, ST, #
- DIOVAN (valsartan) FE, QL
- EDARBI (azilsartan) FE, QL
- HYZAAR (losartanpotassium–hydrochlorothiazide) FE, QL, ST, #

#### Beta Blockers
- acebutolol
- atenolol
- betaxolol
- bisoprolol
- carvedilol
- labetalol
- metoprolol
- nadolol
- pindolol
- propranolol/SR
- sotolol/AF
- timolol

#### Blood Thinners
- anagrelide
- aspirin (OTC)
- cilostazol
- clopidogrel
- dipyridamole
- jantoven
- ticlopidine
- warfarin

#### Lipid-Lowering Drugs
- atorvastatin QL
- cholestyramine
- colestipol
- fenofibrate
- fluvastatin QL
- gemfibrozil
- lovastatin QL
- pravastatin QL
- prevalent
- simvastatin QL

#### Preferred Brands
- BYSTOLIC (nebivolol)
- COREG CR (carvedilol)
- DUTOPROL (metoprolol)
- metoprolol succinate SR FE
- BETAPACE/AF (sotalol)
- COREG (carvedilol) FE
- CORGARD (nadolol)
- INDERAL/LA (propranolol)
- INNOPRAN XL (propranolol)
- KERLONE (betaxolol) FE
- LEVATOL (penbutolol) FE
- LOPRESSOR (metoprolol)
- SECTRAL (acebutolol)
- TENORMIN (atenolol)
- TOPROL XL (metoprolol SR) FE
- TRANDATE (labetalol)
- ZEBETA (bisoprolol) FE

#### Formulary Exclusions List
- ANTAGONE (aspirin/extended-release dipyridamole) EFFIEN (anagrelide) PR, QL
- AGRYLIN (Anagrelide) FE
- BRILINTA (ticagrelor) FE, PR, QL
- COUMADIN (warfarin sodium) FE
- PERSANTINE (dipyridamole)
- PLAVIX (clopidogrel) FE, ST
- PLETAL (cilostazol) FE
- PLAVIX (clopidogrel) FE, ST
- WELCHOL (colesevelam)
- ZETIA (ezetimibe)

#### Medication Notes
- # – Brand-name medication expected to become available generically in the near future. After the generic medication becomes available, the brand-name medication may be covered at a higher copayment and/or added to the Formulary Exclusions List. The brand-name medication may also be subject to precertification and/or step-therapy.

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*Commercial plans = Non-Medicare plans

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