

Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions

aetna®



Reach for your fitness goals and get some cash back **Aetna Fitness Reimbursement Program**

Exercise is for EVERYONE.

It helps you gain more energy, focus, confidence ... even avoid stress and disease. Now you can find healthy ways to get there.

Your healthy choices are now more affordable

With the Aetna Fitness reimbursement program, you get cash back on gym memberships, personal training, nutritional counseling and more.

The program is yours at no extra cost. To get cash back, all you have to do is sign up. Read on to learn how.

Start here — your member website

Just log in at www.aetna.com. Choose the **Health Programs** tab, then **Fitness Reimbursement Program**.

Now getting cash back is easy:

1. Use eligible products and services.
2. Fill out the reimbursement form.
3. Submit your receipts.

You get reimbursed for how you like to get fit

With this program, you can take many paths to living healthy — in ways that work for you.

Here are some eligible services:

- Gym memberships
- Group exercise classes like Pilates, Zumba, ballroom dancing and strength training
- Weight management programs like Weight Watchers®, Jenny Craig® and Nutrisystem®
- Personal training
- Nutritional counseling by a registered dietitian
- Fitness equipment like treadmills, weights, exercise mats and more

This program gives you more

It's powered by GlobalFit®. They're the nation's most comprehensive provider of gyms and programs to support healthy lifestyles. So you have lots of choices. And you can take the path to fitness that suits you.

Special perks:

- Unlike other programs, you get cash back for more than just gym visits.
- There's no need to be a GlobalFit member to use the program.
- You can get started today.

Plus — you can save more with the Aetna Discount Program

Just log in to your member website. Once you do, you'll have access to discounts on gym memberships, fitness equipment and more. That means you may be able to get a discount and a reimbursement. For double the reward.

Important program details

- You can turn in your receipts anytime during the plan year. You get reimbursed quarterly.
- You and your eligible spouse/domestic partner can each get reimbursed up to \$150 for eligible expenses.
- You must submit a fitness reimbursement request within 90 days of the end of your plan term. You can't roll over any unused cash to the next year.

To sign up and start saving,
just log in at www.aetna.com.

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