

Overview – Fully Insured Core Package

Care Management

- Aetna Health ConnectionsSM Disease Management
- Beginning RightSM Maternity Program
- Flu Shot (doctor or participating vendor)*
- Genetic Testing and Counseling**
- BRCA Genetic Testing Program

Online Self-Help and Wellness Tools

- Aetna Navigator[®]
- Aetna IntelliHealth[®] Website
- Personal Health Record
- Simple Steps To A Healthier Life[®] (SSHL)
- Healthwise[®] Knowledgebase
- Aetna Women's HealthSM Online

Outreach Programs

- MedQuery[®]
- Informed Health[®] Line (24/7 nurse line)

Discount Programs

- Aetna FitnessSM (GlobalFit TM)
- Aetna Weight ManagementSM (Jenny Craig[®])
- Aetna Natural Products and ServicesSM Program (American Specialty Health Networks, Inc.)
- Spawish Spa Discount Program
- eDiets Discounts
- Zagat Healthy Dining Guide Discount Program
- Bookstore.MayoClinic.com Discount Program
- Hearing, Vision and Epic Dental Discount Programs
- Phillips/Sonicare Discount Program
- VitaCost.com Discount Program

Incentives

- Beginning Right Incentives
 - Mayo Clinic Guide to Healthy Pregnancy; Baby Blanket; Growth Chart

* Flu shot program available October through mid-November, but may change based on CDC recommendations.

** Included for Aetna health plans where there is coverage for genetic testing.

Discount programs provide access to discounted prices and are not insured benefits. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Health benefits and health insurance plans contain exclusions and limitations. Information is believed to be accurate as of the production date; however, it is subject to change.

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